



CORPUS CHRISTI PARISH BOSCOMBE
OUTREACH 20 **AUGUST 2nd, 2020**



THOUGHT FOR THE WEEK

“WHEN THE STORY OF JESUS IS TRULY OUR STORY, WHEN WE HAVE CAUGHT HIS FIRE, WHEN HIS GOOD NEWS SHAPES OUR LIVES INDIVIDUALLY, AS FAMILIES, AND AS A CHURCH, HIS INFLUENCE WILL BE FELT FAR BEYOND OUR CHURCH”.

CHURCH NOTICES: Church is open Monday to Friday for daily Mass at 10am. On Tuesdays Adoration of Blessed Sacrament after Mass. During August the Church will be closed at 11am. The Church is not open Saturday or Sunday. We will continue to Live stream the Sunday Mass 9.30am

We are required to have two stewards on duty whilst the church is open and need volunteers who can support our present helpers. If you can help 9.45am to 11am contact Aidan: 07775868253

WELCOME BACK to Corpus Christi ,Fr Michael Barrows SJ. who was the 1st Superior of the Boscombe Jesuit Community Home and known to many parishoners



FR ADRIAN WRITES: The people followed Jesus to a lonely place in order to listen to his words and to seek healing and forgiveness. When we come to Mass, we listen to the Word of God in Scripture, we offer bread and wine and we receive Jesus himself in Holy Communion. Today’s readings are reflecting on God’s generous love shown to us in Jesus Christ. In the First Reading (Isaiah 55:1-7)we are invited to come to a Banquet. The Banquet stands for the life of love and friendship God wishes to share with his people. In the Second Reading (Rms. 8:35, 37-38)no matter what bad times we may have to go through, we remain undaunted , because we are certain of Christ’s love. In the Gospel passage (Mtt. 14:13-21) Jesus shows his great love and compassion for the people by healing the sick and feeding them.

The readings are reminding us of God's generosity towards us. They are reminding us that we need to be generous to each other and share with one another. Mother Teresa of Calcutta told of how she came across a Hindu family who had not eaten for days. She took a small quantity of rice to them. Without hesitation, the mother of the family divided the rice into two and took one half to the family next door. Mother Teresa said to her: "How much will you have left over? Aren't there enough of yourselves?" "But they have not eaten for days either", the woman replied. Such generosity, Mother Teresa wrote, was humbling.

Keep safe, look after yourselves. Prayers and blessings. Adrian Howell SJ.

PLEASE PRAY FOR THE SICK OF THE PARISH: Barry Henwood, Lourdes Saunders, Sally Lees, Carmel Rippington, Joyce Smith, Angela Hagley, Mary Atfield, Pat Hayden 🙏
THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME: Georgina Conn; Theresa Ann Barnes; Michael Mulrenan and Fr Peter Granger-Banyard SJ. RIP. 🙏

The Prayer That Changed Everything

"I used to wrestle with a spirituality of striving. I used to think I had to be more or do more to please God. The Ignatian Examen is the prayer that changed all of that for me; that changed everything. Before I began to incorporate the Examen into my daily prayer life, spirituality was about "doing" lots of holy things for God: going to weekly Adoration, attending extra Masses, reading spiritual books.

I viewed these things as items to mark off my spiritual checklist. Prayed extra? Check. Spent more time in daily prayer than the day before yesterday? Check, check. Looked holy by doing all the things? Triple check list. Living out of this yoke — this striving — kept me from seeing that a relationship with God is about being, not endless doing. It is continual and evolving. Perhaps it is best described in the words of Ety Hillesum, a young Jewish woman who died at Auschwitz: *My life has become an uninterrupted dialogue with you, o my God*". Incorporating a daily Examen into my life helped me realize that truly living a spiritual life is about finding the presence of God every moment of every day. I liken it to being a detective in your own life; you are becoming more aware of seeing where God is at work.

Each day look back and ask: *When did I feel close to God? When did I feel distant from God? What were the blessings of the past day? Do I need to repent for something or ask forgiveness? As I look ahead to tomorrow, what do I sense God is saying to me?*

The EXAMEN is a prayer that focuses on God's real, tangible presence in the world around you. It helped train my heart and mind to see the world around me in new ways. I began to notice things in my life I had never seen before. I was more attuned to my

thoughts, emotions and desires and started to see how they all played a role in my relationship to God. How I felt about someone or a particular life situation profoundly mattered to Jesus. I do not have to go out searching and looking to find the presence of God. Rather, God's presence is all around me in my daily life. What would our lives look like if we really believed this?" (Jesuits.org)

Ten tips for a different summer

1. **Engage in spiritual conversation** with a priest or a friend.

Even if you can meet only a few times, it's worth it. A more objective and prayerful look at our life, our worries, concerns and trials can really help us to grow.

2. **Renew your connection with the Mass.** This summer, consider ways to deepen your understanding of the Mass – reading the text prayerfully, especially the eucharistic prayers - and, in addition, participate more frequently in Mass, online or in the Parish.



3. Do some **spiritual reading.** Consider a book on the topic of faith or spirituality. Has it been a while since you've read scripture? Consider a spiritual autobiography. Try "Just call me Lopez" about St Ignatius

4. **Contemplate the heavens.** This summer, find a place to gaze quietly at the stars, recalling God's glory and magnificence. Try to steal a moment or two in the morning, or at night, to behold some aspect of the created world..

5. **Write a letter to a loved one or friend.** Do you have a friend who could benefit from a long-delayed "hello"? A family member who needs cheering up? A hand-written letter could provide just the consolation he or she needs.

6. **Opt for the marginalized and vulnerable.** Do you have time to volunteer for a couple hours a week to reach out to someone who needs help? Do you have time to follow the work of CAFOD or AMNESTY INTERNATIONAL online?

7. **Make a pilgrimage.** Consider creating a pilgrimage to a sacred space near your home. Can you create your own pilgrimage to our parish church? To Christchurch Abbey? Walk prayerfully to the beach to contemplate "The Lord of Sea and Sky"?

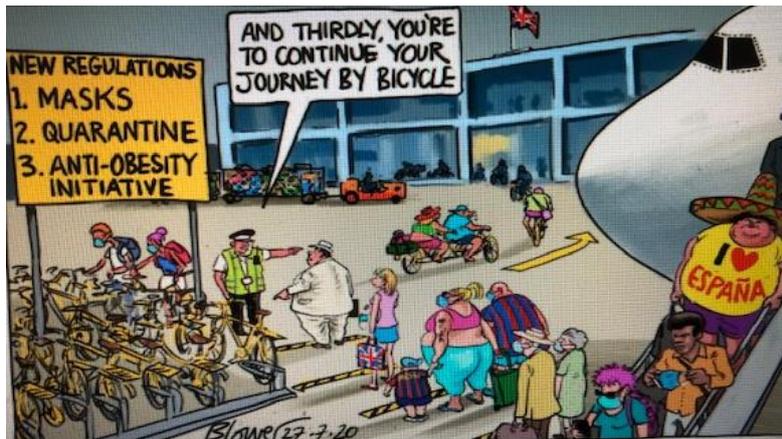
8. **Have fun.** Do find time to laugh and to appreciate the humour that we desperately need at this time. SMILE. Tell a few jokes and chuckle away.

9. **Let go.** What can you let go of? What has a hold on you? What do you hold onto that represents a life or a way of proceeding that is holding you back in your life with God? Is there a device you can or should let go of? An article of clothing?

10. **Having said all that, and perhaps before all that, give your summer to God.** Whatever your summer plans are, give them all to God. And have a wonderful time!

Goodbye, Farewell, Auf Wiedersehen, Adieu: On September 8th, Sr Margaret is being transferred to the Handmaids Community in London. Her place will be taken by Sr Eileen O'Neill aci

COVID CHUCKLES: BACK FROM SPAIN



THE NEW NORMAL

